

Dr. Paul Yanick, Jr., Ph.D., N.D., C.N.C.
and the
Light Beam Generator

In Dr. Paul Yanick's book "Quantum Medicine - New Opportunities for Conquering Complex, Multi-system Illness" he mentions the Light Beam Generator below:

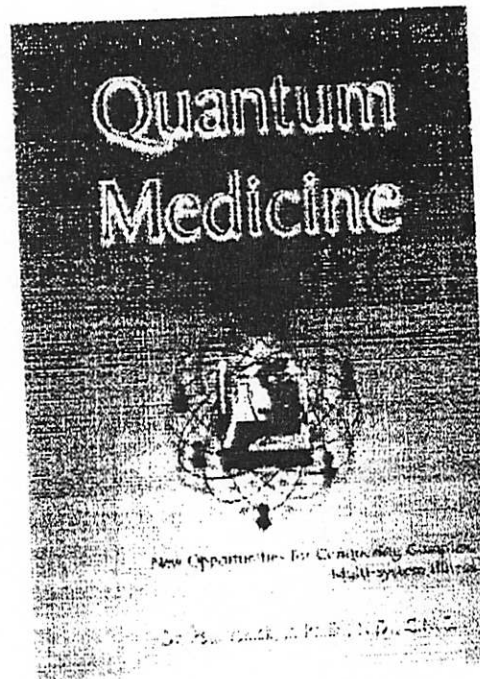
"The **Light Beam Generator (LBG)** represents one of the most exciting new therapeutic avenues for improving the health of immune functions and cleansing the lymphatic system. The LBG works primarily on the energetic breaking up electromagnetic charges and rebalancing the charge of the cell's electromagnetic field.

Trapped lymph toxins and proteins carry their own electromagnetic charges or oscillations that interfere with coherent biomolecular formations. When this happens, cells of the lymphatic system clump together and form strong electromagnetic bonds with water to create swelling and inflammation as well as abnormal tumor growth.

The LBG uses cold gas light photons to transfer energy resonances or frequencies to cells in targeted lymphatic regions. This process aids in the removal of impregnated toxins and amyloid beta protein and other mutilated protein fractions that have been implicated in many chronic diseases. Since bacteria and fungi feed on these protein clusters (endobiosis), the LBG is useful in breaking up chronic, hidden pockets of infection that create energetic blockades and functional deficits in the immune system.

The photon effect on the lymphatic system is powerful because it removes the electrical instability caused by non-functional proteins and allows the lymphatic circulation to be free flowing and unobstructed. The clinical potential of the LBG excels in the following cases:

- Acne and all skin disorders
 - Tissue swelling from injuries
 - Burns
 - Headaches
 - Cyclic sub-clinical and clinical infections
 - Lymph congestion in breast cancer
 - Prostate enlargement (*Explore 6:3, 1995*)
 - Pre- and post-surgical situations
 - Fibromyalgia
 - Scars and scar tissue adhesions
 - Pain and inflammation disorders
 - All chronic illness
- (*Explore 6.2, 1995*)



Lymphatic Therapy and the Light Beam Generator

*Dr. Fauci, M.D., NIH Allergy and Infectious Disease Control Center, "up to 10 times
as much virus reside in the lymph system as in the blood"*

The Problem

The most underrated circulatory system in the human body is our Lymphatic system. And, most health practitioners never consider the critical role lymph plays in preventing sickness nor the critical role it plays in keeping us healthy!



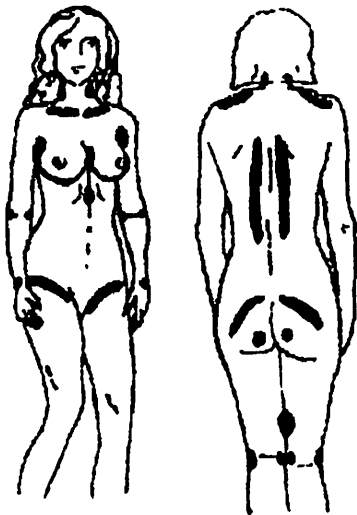
The Lymph System is a vital circulatory system, critical to managing the elimination of toxins from our body and is the body's primary immune defense and waste eliminator system. It contains over 600 'collection' sites called 'lymph nodes' and has a network of collecting vessels, more extensive than the venous system. Our lymphatic system is primarily responsible for carrying disease fighting material to cells attacked by germs, transporting the dead germs away, and supplying protein-rich plasma fluid back to the heart. When this system is blocked, we become defenseless against attacks by virus, fungus and bacteria.

Medical research explains the Lymphatic System as the primary system used by all immunological support elements (such as macrophages, T-Cells, B-Cells, lymphocytes, etc.) to fight the virus, fungus and bacteria attacking our body. It is also composed of over 50% plasma protein, and is the major system carrying nutrition-rich plasma protein back into our blood. When the lymph system is blocked, infection fighting material is prevented from destroying germs and cell nourishing elements are prevented from reaching our blood. As a result, germs grow, our blood loses needed protein, our immune system falters, and infectious diseases march in!

With the lymphatic system blocked, an engorged (swollen) condition results in our lymph nodes. In a recent AIDS study by Dr. Fauci, NIH Allergy & Infectious Disease Center, [this condition] "results in providing a breeding ground (especially for the HIV virus) for pathogenic material. The lymph system acts as a reservoir of infection churning out billions of HIV-infected immune-system cells that eventually spill into the blood stream, where they travel to other parts of the body. Much later, after enduring years of viral proliferation, the immune system begins to falter, and infectious disease marches in." Studies reveal that "up to 10 times as much virus may reside in the lymph system as in the blood."

Most chronic (disease) problems occur at the junction of lymph vessels called "lymph nodes". One can feel lymph nodes, by pressing under the arms; just below the collarbone; or in the crease between the thigh and pelvic area. When touching these areas, most people will feel small bumps and sometimes pain. The bumps and pain are symptomatic of blocked lymph nodes. Blocked lymph nodes indicate a

breakdown in the 'mechanical' functioning of the lymphatic system. See common lymph tenderness areas shown by dark areas:



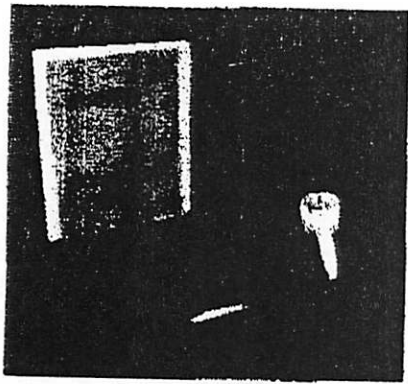
In men, the inguinal nodes, located in the area (crease) of the groin, between the genitals and the thigh, are the primary channel for letting accumulated lymph (protein and fluid) release from the prostate. In women, the axillary nodes, located in the arm pit and extend from the arm pit down towards the breast, are the primary channel for releasing accumulated lymph (protein and fluid) from the breast. In many prostate, breast and other cancer situations, these lymph nodes are well involved, enlarged and result in reduced ability to eliminate lymphatic fluid.

The Solution

The issue of lymphatic flow has been studied for many years with in-depth clinical research resulting in very efficient manual methods for restoring the lymph system. Modern research, using manual lymph drainage techniques in conjunction with a non-invasive technology, called the **Light Beam Generator (LBG)**, effects a swift, safe, and natural method of eliminating excess lymphatic fluid. The **LBG** assists the body to achieve a free flow of proteins within the lymph system and to release bonded protein blockages in the interstitium of the connective tissue. The **LBG** is non-invasive technology, using extremely low current and cold gas light photons providing compatible frequencies to the blocked area, resulting in cells correcting their out of balance condition and disassociating themselves from the binding agent responsible for the swelling and blockage. Rapid movement of waste material within the cell occurs and the delivery of the waste material to the organs responsible for body waste disposal is greatly increased. Hands on therapy is increased as free flow of proteins speeds the healing process.

With waste material moving within the body, day to day factors like eating habits, body structure, nutrition, medication and mental health can be addressed to provide a successful formula for restoring health. Common conditions presenting relief when using lymph massage and **LBG**, are: pain, especially as it involves soft tissue; sciatica, breast conditions, fibrocystic disease, P.M.S. and inflammation; Intestinal syndromes; diabetes; arthritis, bursitis and other conditions where inflammation is involved; swelling, bruising with edema; and pre-op and post-op surgical recovery.

For further information and pricing about the Light Beam Generator contact: Biophysics Research Institute, 2220 Olay Lakes Road, Suite 502-625, Chula Vista, CA 91915. Toll Free: 1-888-532-0897. Website: www.bri-research.com, E-mail: bri@bri-research.com



The Light Beam Generator

Alternative and conventional physicians readily acknowledge that one of the most important keys to health is an optimally functioning immune system. Often overlooked as an essential component of immune function, however, is the lymphatic system. This is a network of vessels and lymph nodes that runs throughout the body, transporting lymph fluids and eliminating toxins. Affecting every cell and organ in the body, the lymphatic system is the terrain in which the immune system functions. It serves as a primary cleansing and filtration system, and helps maintain homeostasis, the body's innate mechanism of self-regulation.

Lymphatic functions include: transporting nutrients and oxygen to the cells and tissues, removing protein waste and other waste matter (including environmental toxins) from the cells and the body's interstitial ("in-between") regions, maintaining fluid balance in the connective tissue, and transporting fatty acids from the small intestine to the liver for storage and later use.

When the lymphatic system becomes congested, these functions are impaired, depriving cells of oxygen and affecting the ability of the body to rid itself of its own waste material. Over time, other body systems that rely on the lymphatic system for waste removal will also become compromised, setting the stage for pain and disease. A sure sign of lymph congestion is sore or swollen lymph glands, which are most noticeable in the neck, armpits, groins, and intestines. But illness as wide-ranging as allergies, fibrocystic disease (non-malignant fibrous growths), and cancer can be related to lymph congestion.

Practitioners of alternative medicine often use diet, herbs, homeopathic remedies, sauna, and manual lymphatic massage to prevent or reverse lymph congestion, all of which have proven effective in stimulating the flow of lymph to some degree. While lymph massage helps to drain the lymphatic system and is well received by most patients, inexperienced therapists can aggravate a patient's condition by pushing the material to other areas of congestion. Well-trained, conscientious therapists can avoid creating such a problem, but only by spending a great deal of time in each session.



Lymph Nodes Work

Illustration of a sectioned, whole human lymph node. Lymph nodes are encapsulated, kidney shaped structures that are usually located at intervals along lymph vessels. When the nodes become blocked, the flow of lymph fluid is impaired. The body is unable to rid itself of waste material and cells are deprived of oxygen and nutrients, setting the stage for a host of diseases.

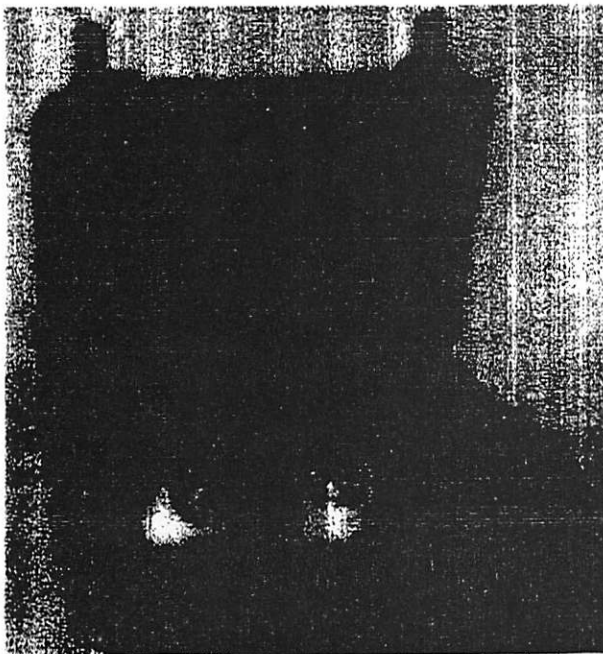
For this reason, an increasing number of leading edge healers and physicians are turning to a noninvasive hand-held instrument known as the Light Beam Generator (LBG) to restore lymph function and eliminate wastes. "The Light Beam Generator is a valuable tool for restoring proper functioning of the body and immune system defense processes," states Ilonka Harezi, president of ELF International, whose research project head, Courtland Reeves, M.Sc., oversaw the development of the LBG. The lightweight, hand-held device penetrates many times deeper than lymphatic massage alone, and also increases the effectiveness of manual drainage of the lymph system.

"It's also an effective preventive, self-care tool that anyone can use after a bit of training," says Dr. Rima E. Laibow, Medical Director of the Alexandria Institute of Natural and Integrative Medicine in Croton-on-Hudson, New York. Dr. Laibow has had many success stories using the LBG with otherwise difficult to treat conditions, and assisted in writing the protocols and descriptive material for the operation manual that accompanies the ELF Laboratories' new instrument.



The Lymph System

The lymphatic system is a network of vessels that carries lymph (water, proteins, electrolytes) from the tissue fluids to the bloodstream. At intervals along the length of lymphatic vessels are swellings (nodes); groups of nodes are found in the groin, neck, armpit and behind the ear. The nodes function to "filter" lymph through the action of scavenging white blood cells and preventing foreign particles from entering the bloodstream. They are also sites of storage and proliferation of both B- and T- lymphocytes, white blood cells involved in the immune response to infection.



How The Light Beam Generator Works

The Light Beam Generator uses extremely low-current, cold gas light photons to transfer energy frequency patterns to cells in the targeted lymphatic regions. Frequency modulation is accomplished with light. The LBG is a much softer technique than using a laser, another light-based technology, and can be safely used by lay practitioners. The device is about the size of a small suitcase, with two hand-held heads attached on cords.

The Light Beam Generator achieves its results on an energetic level. Cells have an electromagnetic charge that either binds them together or keeps them apart. The LBG works by rebalancing the charge of the cells' electromagnetic field. Cells in the lymphatic system can clump together and bond electrically with water to create disease conditions of swelling or abnormal growths. The LBG is able to separate these cells from each other and their accumulated fluids. The result is that swelling, tumor masses, and other blockages are easily dispersed. The results can be amazingly rapid and complete.

The Problem of Edema

Understanding protein breakdown will shed some light on this process. According to Dr. Laibow, "in healthy, living tissues, protein structures are in a state of alignment, but when cells die or become damaged, these protein structures break down." The lymphatic system is constantly removing wastes, many of which are these damaged proteins. When there is lymphatic congestion and the proteins are not fully removed, pathologies occur. "These nonfunctional proteins have the same electrical properties of attraction, but their structures are random and characterized by instability. This instability causes protein wastes to attract and retain water by electrical bonding."

This build-up is called edema. The most specific and best use of the LBG is for reducing or eliminating edema, including lymphedema after breast surgery. Using the LBG puts the correct charge back into the cells and breaks up the congestion caused by clusters of water and pooled protein wastes. The LBG is also able to kill the virus, fungus and bacteria that feed on the pooled wastes, making the technique particularly effective for such conditions as sinus congestion, intestinal candida, or respiratory illness including pneumonia. The LBG aids in the removal of unnatural additives in our food including the steroids that mimic hormones and attach to the proteins. With proper lymphatic drainage, they can be flushed out. (Drinking a lot of fluids in concert with LBG treatment assists the body in the detoxification process.) The Light Beam Generator works by presenting a flood of photons that target the unhealthy, random protein structures, causing them to release the water they were holding.

"Since healthy tissue protein structures do not attract water, they are not affected by the energy presented by the LBG," Dr. Laibow assures us. "With application of minimal massage drainage techniques, rapid movement of waste material within the cells can occur, since the delivery of waste material to the organs and nodes responsible for body waste disposal is greatly enhanced." This cold gas ionization technology has been found to reduce manual massage efforts by over 90%, with more immediate relief from conditions related to blocked lymphatics. It can also be used without massage with excellent results.

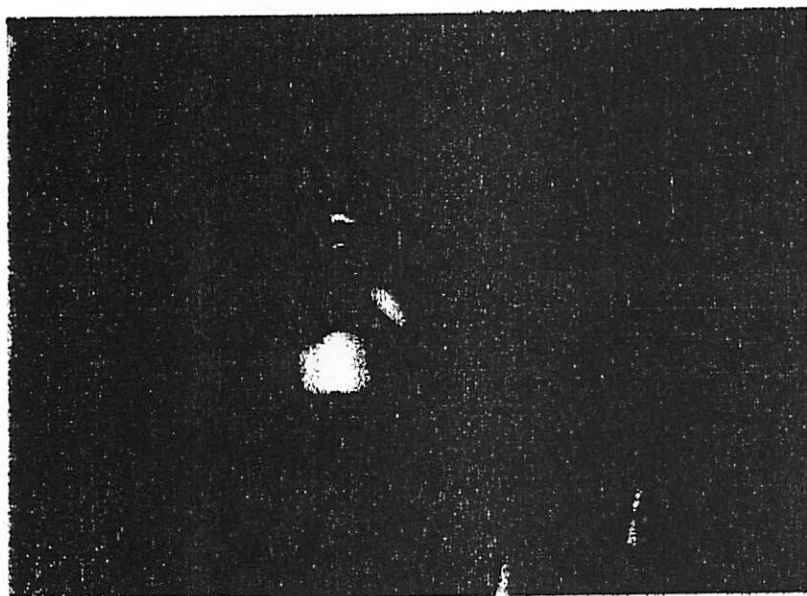
Target Treatments

Although ELF International makes no claims about the usefulness of the Light Beam Generator for treating specific diseases, physicians who use the device in their practice have found significant improvement in a wide range of conditions. Among these are pain (especially pain involving soft tissue and tissue congestion due to injuries), sciatica, PMS and inflammation related to menstruation, inflammation of the gastrointestinal tract, acne and other skin problems, allergies, arthritis, bursitis, diabetes, edema, lupus, fibromyalgia, respiratory conditions, scarring, cellulite, burns, eczema, and fibrocystic disease. The LBG has also been used in the prevention efforts and treatment of breast and prostate cancers, prostate enlargement, mastodynia (breast tension following ovulation), and headache, and as an aid in both pre- and post-op surgical procedures. In all cases, improvement is due to the LBG's ability to improve lymph flow, while enhancing delivery of oxygen and vital nutrients throughout the bloodstream.

The main points for lymphatic flow in the upper body are at the clavical region and sternum. In the lower body, the points are at the crease in the leg, near the groin (see illustration). These areas are targeted to break up blockages and improve lymph drainage. Then other areas can be targeted for specific effects. Just 5 or 10 minutes on an engorged area can ease the swelling dramatically. For

instance, puffiness in the face can be reduced with the LBG so effectively that it can appear that the person had a face lift.

More dramatic results are seen when the LBG is used for treating more serious conditions. In women, treatment of upper body points can remove breast lumps with just two 20-minute treatments, according to Harezi. In men, lower body points are effective for prostate treatment. Dr. Laibow has documented cases of autoimmune disorder, lymphedema secondary to breast cancer surgery, and "a host of other diseases and conditions in which tissue engorgement, compromised lymphatic drainage or other types of fluid imbalance plays a part."



The Light Beam Generator employs two light-emitting heads that are moved over critical lymph system areas. The light frequencies have the ability to break up pooled protein wastes that clog the system and thus restore lymphatic drainage.

The Importance of Lymphatic Transport

Cory Carter, N.D., C.N.M.T., M.T., director of Alt Med Ltd., a holistic health clinic in Rapid City, South Dakota, uses the Light Beam Generator as an integral part of his approach to lymphatic therapy.

"Most health practitioners focus on feeding the body or enhancing its ability to eliminate," Dr. Carter states, explaining the importance of the lymphatic system. "But the idea of transport, the process in between digestion and elimination, is many times forgotten. If nutrients can't get past the digestive tract and be transported to the area of need, you can supplement until the bank runs dry and all you will have is the classic 'high-priced stool.'" "I tried to use various manual lymphatic techniques to clear the blockages, but achieved only limited success. Although the surface lymphatics responded reasonably well, the deeper channels invariably did not, or else they were made worse by the additional backed up lymph forced into the area. Once I began using the Light Beam Generator, however, I was able to affect the deep lymphatic channels and break up the blockages to restore normal lymphatic flow." Other practitioners agree.

Case Histories

Among Dr. Rima Laibow's success stories is a 62-year old woman with an autoimmune destruction of her muscle tissue. Steroids had not worked and further contributed to osteoporosis with high pain levels. LBG treatment was focused on her right shoulder. After twenty minutes, her range of motion without pain had increased and her "dowager's hump" (a fat accumulation caused by the steroids) had resolved on the treated side. Dr. Laibow's successes led her to state that the LBG marks a significant leap in the development of non-invasive, non-toxic tools "to allow the body to regain the ability to regulate itself."

Lymph Node Blockages

Certified Clinical Nutritionist and Dark Field Blood Analyst Irene Oswald uses spot specific therapy with the LBG in combination with homeopathy for patients with an internal solid mass. One patient was able to eat solid foods for the first time in several years after six twenty-minute sessions on the intestinal and inguinal area near the groin. With another client, a 66-year old woman with severe lymphedema in her right hand and arm, a one-hour session greatly reduced the swelling and after two additional treatments, her hand returned to and retained its normal size.

Among the more dramatic changes Dr. Carter and his staff have documented using the LBG is in lymph node blockages, especially within breast tissue. "The terror experienced by women who find a lump in their breast is real and profound," Dr. Carter notes. "Even the potential of finding a lump in the breast area is enough to cause some women to simply refuse to do self-exams at all.

"When a lymph node is hard or 'sore,' it is engaged in the warfare of trying to remove toxins or debris from the lymphatic channel so that it can return to its regular job of transporting oxygen, nutrition, or waste to their proper sites. But it can only do its job when it isn't blocked. The Light Beam Generator is able to safely remove blockages so that the nodes are no longer painful. It is important to remember that we are dealing with noncancerous issues here. Cancer should only be treated by a qualified physician. But how much healthier will your immune system be when it is able to function as normally as possible?"

LBG Enhances Other Protocols

In Dr. Carter's experience, one session with the Light Beam Generator is the equal of four to eight strictly manual lymphatic massage sessions alone. "It seems that with the Light Beam Generator we can get the lymph to be drawn into the large intestine and eliminated very quickly. It is not uncommon to see, over an eight to twelve hour period, a light colored coating on fecal matter as it is eliminated. This appears to be excess lymph being sloughed off by the body as a result of LBG treatment."

Like Dr. Carter, other health practitioners who incorporate the Light Beam Generator in their practice find that, once the flow of lymph and the elimination of wastes have been restored to normal, it is essential to then address important day-to-day factors such as diet, nutrition, body structure, and mental health in order to achieve optimum long-term results. By focusing on such factors after LBG treatment, an individualized program can be developed to prevent a recurrence of the problem and to resolve any remaining health problems.

This article, "Shedding Light on Lymphatic Health" is from the May 2000 issue (#35) of Alternative Health Magazine.

Distributor Contact:

For further information and pricing about the Light Beam Generator contact Biophysics Research Institute, 2220 Otay Lakes Road, Suite 502-625, Chula Vista, CA 91915. Toll Free: 1-888-532-0897, E-mail: bri@bri-research.com

Light Beam Generator News

In the *Massage Therapy Journal* – Winter 2001, published by the American Massage Therapy Association, there is a very interesting article written by Cheryl Chapman, titled **“Lymphodema 101 : What Every Therapist Should Know”**. In her article on page 88, she goes on to say “A new technology called the Light Beam Generator (LBG), when combined with Manual Lymph Drainage (MLD), may prove to be more effective than MLD alone.” According to many practitioners, this is exactly true. They find patient treatment efficiency increases from 800 to 1,000 percent when they combine LBG therapy with MLD. What this means is when you use the LBG on extreme metabolic stagnation, you can accomplish in 1 session what it would normally take you 10 sessions to accomplish for your client. Currently, most therapists spend about 80% of the patient's visit getting the client's body ready so they can move fluid during the remaining 20% of the visit. With the LBG, therapists are able to spend about 20% of the visit time making the material pliable and 80% of the visit time moving fluid. The therapist increases their efficiency on moving fluid; sees faster client results; and, preserves wear and tear on their body.

In the *Natural Awakenings Magazine* – December 2000, is an article written by Ms. Jill Freed, LMT, AP., titled **“Fibrocystic Breast Cancer”**. In her article on page 19, she states “Many women have found great success in reducing the size and amount of cysts by having regular treatments of manual lymphatic drainage (MLD) in conjunction with the Light Beam Generator (LBG) machine. The LBG machine helps to soften the clumping of cells and aids in easier removal of the cells' [waste material] by the therapist's hand.”

Does the Light Beam Generator (LBG) assist in water (weight) loss? A story in progress of a 30 year-old male who is 750 lbs. He was in an automobile accident, with no obvious physical damage, but started gaining water weight at the rate of 100 lbs. per year. His body suffered



trauma to his lymphatic system that prevented him from processing his fluid. As a result of the physical trauma due to the automobile accident, his drain (lymph) system got stuck! His cells were unable to release the excess fluid, his lymph system was unable to support the cell's fluid release, and, just like a balloon, his skin began to fill with water! After two years in this condition he has started treatment using the LBG. Treatment started by placing three LBG's at his terminus, subclavian and lower pelvic area. **He has been losing water at the rate of about 1-liter per day.** He is being assisted

by a massage therapist and receiving nutritional consulting while he is undergoing this therapy. His progress will be a long journey, but he now has hope for the first time in several years! Does the LBG help one lose weight? The correct answer is “The LBG helps one to process and eliminate excess cellular fluid, which does contribute to weight loss.”



Biophysics Research Institute

September 10, 2001

Dear Dr. John Matsen,

The enclosed information concerns the Light Beam Generator, which I feel is an extremely important tool for your practice.

The Light Beam Generator is proving to be a very effective therapy device, both in its ability to treat lymphatic conditions and in providing a new clientele to the health practitioner. The Light Beam Generator allows the health practitioner to greatly assist in conditions concerning the lymph system with more effective, non-invasive results, by using the combined technologies of Cold Gas Light Photons, Rife Frequencies and Scalar Waves.

The Light Beam Generator complements and enhances tissue detoxification or lymphatic drainage therapy practiced by Vodder Lymph Massage Therapists; Foldi Lymph Therapists; Swedish Massage Lymph Therapists; Combined Physical Decongestive Therapists; Chikly Lymph Drainage Therapists; and Massage Therapists trained in tissue detoxification or lymphatic massage therapy techniques.

Colon Therapists are finding additional applications for tissue decongestion by using the Light Beam Generator in the lower abdominal area for fifteen minutes prior to applying colon therapy. They find that there is an increase of about 100% in fecal matter movement using the Light Beam Generator when compared with not using the Light Beam Generator.

In Reflexology, practitioners place the Light Beam Generator heads on Reflex Points and note quick improvement in metabolic stagnation of referred areas.

Dentists apply the Light Beam Generator to the inflamed tooth site and note that within fifteen minutes there is a major reduction in inflammation. This allows them to provide emergency dental care in a short time-frame, which they could not normally provide due to site inflammation.

Please take a few moments to look over the enclosed information for the Light Beam Generator to see how it can be of use to you. I look forward to hearing from you.

The cost of the Light Beam Generator is \$4,500 but for those that have received the **Pischinger Letter** the cost is \$4,250 plus \$75 shipping.

Warm regards,


Dan Linsteadt
General Manager

*GEORGE
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